

## Organized one-day workshop on, 'MENTAL HEALTH': Problems and Satisfaction



Date of the Event: 14 September, 2022

Venue of the Event: Shivaji Mahavidyalaya Gadchiroli

Organizing Department: Department of NSS

Objectives of the Event:

- 1) To increase awareness and understanding of mental health issues, reducing stigma and fostering an open dialogue around mental well-being.
- 2) to raise awareness of mental health issues around the world and to mobilize efforts in support of mental health.

Brief Report:

Department of NSS of Shivaji Mahavidyalaya, Gadchiroli held a one-day workshop, 'MENTAL HEALTH': Problems and Satisfaction on 14<sup>th</sup> September 2022. The workshop was conducted to review progress under various schemes of A non-governmental organization (NGO) like SEARCH in Gadchiroli region and the status of community-based mental health services. Dr. Mitali Shraf, Mental

Health Councilor in SEARCH, Chatgaon was invited to participate in the workshops. Dr. Vilas Khune, Dr. Kailas Bhandarkar, and Dr. Rajendra Gore participated in these workshops along with other teaching and non-teaching staff of this college. Mr. Swapnil P. Dhokane Asst. Professor, Dept. of English welcomed all the delegates. The workshop was inaugurated with the opening remarks by Shri. Sanjay Raut, NSS Program Officer, wherein he introduced the purpose of the workshop and the agenda therein. Dr. Mitali Shraf, Mental Health Councilor in SEARCH, Chatgaon briefed on the objectives of the program and the situation of cities in India. The workshop was initiated with a presentation by her and then handed over the dais to states for further presentations and discussion.

Event Outcomes:

Cope with the stresses of life.

